



**45<sup>rd</sup>**  
**Nico Sapio**  
**Swimming Trophy**



**Friday, 09<sup>th</sup> Saturday 10<sup>th</sup>**  
**Sunday, 11<sup>th</sup> November, 2018**

**Complesso Polisportivo Sciorba**  
**Via Adamoli 57 – Genoa (I) Secretariat: Sciorba Pool – Phone and fax: 0039.10.8357081**  
**Web site: [www.genovanuoto.net](http://www.genovanuoto.net)**  
**e-mail: [genovanuoto@genovanuoto.net](mailto:genovanuoto@genovanuoto.net)**  
**VAT number: 02438180107 - Fiscal code: 80042670101**  
**IBAN Code: IT50 0 033 5901 6001 0000 0135 201**

# REGULATIONS FOR FOREIGN CLUBS

## AGE CATEGORIES ENTRIES

	Male	Female
Esordienti A	2006-2007	.. 2007-2008
Youth	2005	
Youth	2003-2004	... 2005-2006
Juniors	01-02	... 2003-2004
Absolutes	..00 and older	..... 02 and older

## LIMITATIONS

Each athlete can take part in no more than **2** races. For categories Esordienti A and Youth. **3** races for categories Junior  
For the absolutes there isn't any limits to the number of competitions.

## REGISTRATION and ENTRY FEES

For foreign clubs, registration must be made sending a mail to [genovanuoto@genovanuoto.net](mailto:genovanuoto@genovanuoto.net) and they must be received no **later than October 22<sup>th</sup>, 2018**. In no case whatsoever will any changes and/or registration be accepted after October 30<sup>th</sup>, 2018. The organizing club reserves the right to close registration ahead of time if needed for a proper carrying out of the meeting.

The entry fee is 8,00 euro per athlete/race.

Entry fees can be paid by bank transfer to the following banking account: . **Genova Nuoto My Sport**,

IBAN code IT50 O 033 5901 6001 0000 0135 201 (pls include a description of payment). The entry fee payment must be made before the competition starts and the swim club managers must show the payment receipt.

## DESCRIPTION OF THE EVENT

Qualifying heats(best 24 time) will be seeded

For the entire duration of the event a 50 m pool will be available for warm up and training.

## ENTRY TIMES

### Men

	Esordienti A 2007	Esordienti A 2006	Youth 2005	Youth 2003- 2004	Juniors	Absolutes
100 Butterfly	1.25	1.22	1.07	1.05	1.03	1.00
100 Backstroke	1.25	1.23	1.07	1.05	1.03	1.01
100 Breaststroke	1.33	1.30	1.17	1.15	1.12	1.10
100 Freestyle	1.11	1.09	0.59	0.57	0.55	0.54
200 IM			2.26	2.23	2.19	2.15

### Women

	Esordienti A 2008	Esordienti A 2007	Youth	Juniors	Absolutes
100 Butterfly	1.26	1.23	1.14	1.09	1.07
100 Backstroke	1.26	1.24	1.16	1.11	1.09
100 Breaststroke	1.36	1.33	1.24	1.19	1.17
100 Freestyle	1.15	1.13	1.05	1.02	1.00
200 IM			2.40	2.34	2.32

## ENTRY TIMES ABSOLUTES WOMEN

50 FLY 29,00	200 FLY 2.25,00
50 BACK 30,00	200 BACK 2.22,00
50 BREAST 36,00	200 BREAST 2.40,00
50 FREE 27,00	200 FREE 2.08,00

## ENTRY TIMES ABSOLUTES MEN

50 FLY 26,00	200 FLY 2.12,00
50 BACK 28,00	200 BACK 2.10,00
50BREAST 30,00	200 BREAST 2.24,00
50 FREE 24,00	200 FREE 1.54,00

Depending on the entry times, the first 24 males and 24 females will be admitted to the Absolutes 400 m freestyle race. Entry times must be achieved in 25 m pool during the swimming season 2017-2018. Each athlete enrolled in the 400 m freestyle event may indicate a reserve event, if he/she isn't in the 24 participants lists. 3<sup>rd</sup>- 2<sup>nd</sup> heats will be run during the morning session, the 1<sup>st</sup> in the afternoon. (no final heat). 1500/800 free, 400 and 100 IM are Direct Final.

## **CALL ROOMS**

The call room for the prelims is located on the opposite side of the start

## **Victory Ceremony**

Victory ceremonies for the finals will take place immediately after the finals of every final. The three first athletes are reminded to follow the awarding staff..

## **PRIZES**

The first three athletes in each race and category will be awarded medals and gadgets. In each race Boys (male) category, best athlete born in the first year of the category will be awarded.

Following FINA tables, the three best men's and women's technical performances will win the following: 1<sup>st</sup> place 500,00 euro, 2<sup>nd</sup> place 300,00 euro, 3<sup>rd</sup> place 200,00 euro.

## **TEAM PRIZES**

The team standings are based on points awarded in each final race from the 1<sup>st</sup> to the 8<sup>th</sup> placed swimmers as follows: 1<sup>st</sup> 9pts, 2<sup>nd</sup> 7 pts, 3<sup>rd</sup> 6 pts, 4<sup>th</sup> 5 pts, 5<sup>th</sup> 4 pts, 6<sup>th</sup> 3 pts, 7<sup>th</sup> 2 pts, 8<sup>th</sup> 1pt. There will be five team's ranking lists: one for each category and a general one. In each ranking list, should one or more teams tie on points, the medals won will be taken into account.

Based on points won, for each category's ranking list the top three placed clubs will be awarded cups or plates, so as the top six teams in the general ranking list. At the best performance will be granted the "Alfredo Provenzali Plate".

The club that comes first, based on the total points won by all the categories, will be awarded the Nico Sapio Trophy, to be held until the next year edition when it will be entitled to a 50% reduction on race fees.

The event will use the Race Official Group of the Italian Swimming Federation. Electronic timing will be provided by the Italian Time Keepers Federation.

Results will be published on-line on "www.genovagare.it"

For anything not provided for by the present regulations, Italian Swimming Federation regulations apply.

## **MEALS AT THE POOL RESTAURANT**

For meals at the pool restaurant, please make your reservation to:

SCIORBA CAFÉ tel.347.3246090 (Luca). -- cafe@piscinesciorba.com

Lunch for the event: 11€ first course, second course with side dish, water and bread or full menu with dessert at 13€

Moreover the staff guarantees dinner service with the following prices: 15€ without dessert, 17€ with dessert.

The staff can also offer meals for person who suffers from celiac disease.

## **ACCOMODATION**

The Hotels can be booked through

GATTINONI TRAVEL NETWORK GENOVA

Via R. Ceccardi 5R 16121 Genova

tel 010 544341 Monday..-Friday. 09-12/ 14:30-19 --- Saturday 09-12:30

email: genova@gattinoni.it

Sito Web: www.gattinoni.it

# EVENT SCHEDULE

ABS/JUN

## FRIDAY NOVEMBER 09th

50	Back	M	ABSOLUTE	Prelims		1500	Free	M	ABSOLUTE	DIRECT FINAL
50	Fly	W	ABSOLUTE	Prelims		400	Free	W	ABSOLUTE	1 <sup>st</sup> SERIES
200	Free	M	ABSOLUTE	Prelims		50	Back	M	ABSOLUTE	FINALS
100	Free	W	ABS/JUN	Prelims		50	Fly	W	ABSOLUTE	FINALS
50	Breast	W	ABSOLUTE	Prelims		200	Free	M	ABSOLUTE	FINALS
100	Breast	M	ABS/JUN	Prelims		100	Free	W	ABS/JUN	FINALS
100	Fly	M	ABS/JUN	Prelims		50	Breast	W	ABSOLUTE	FINALS
200	Fly	W	ABSOLUTE	Prelims		100	Breast	M	ABS/JUN	FINALS
200	Back	M	ABSOLUTE	Prelims		100	IM	W	ABSOLUTE	DIRECT FINAL
200	Breast	W	ABSOLUTE	Prelims		100	Fly	M	ABS/JUN	FINALS
50	Free	M	ABSOLUTE	Prelims		200	Fly	W	ABSOLUTE	FINALS
100	Back	W	ABS/JUN	Prelims		200	Back	M	ABSOLUTE	FINALS
200	IM	M	ABS/JUN	Prelims		200	Breast	W	ABSOLUTE	FINALS
400	free	W	ABSOLUTE	3/2Series		50	Free	M	ABSOLUTE	FINALS
						100	Back	W	ABS/JUN	FINALS
						400	IM	W	ABSOLUTE	DIRECT FINAL
						200	IM	M	ABS/JUN	FINALS

## SATURDAY NOVEMBER 10th

50	Back	W	ABS/JUN	Prelims		800	Free	W	ABSOLUTE	DIRECT FINAL
50	Fly	M				400	Free	M	ABSOLUTE	1 <sup>st</sup> SERIES
200	Free	W	ABS	Prelims		50	Back	W	ABSOLUTE	FINALS
100	Free	M	ABS	Prelims		50	Fly	M	ABSOLUTE	FINALS
50	Breast	M	ABS/JUN	Prelims		200	Free	W	ABSOLUTE	FINALS
100	Breast	W	ABS	Prelims		100	Free	M	ABS/JUN	FINALS
100	Fly	W	ABS	Prelims		50	Breast	M	ABSOLUTE	FINALS
200	Fly	M	ABS/JUN	Prelims		100	Breast	W	ABS/JUN	FINALS
200	Back	W	ABS	Prelims		100	IM	M	ABSOLUTE	DIRECT FINAL
200	Breast	M	ABS	Prelims		100	Fly	W	ABS/JUN	FINALS
50	Free	W	ABS/JUN	Prelims		200	Fly	M	ABSOLUTE	FINALS
100	Back	M	ABS	Prelims		200	Back	W	ABSOLUTE	FINALS
200	IM	W	ABS	Prelims		200	Breast	M	ABSOLUTE	FINALS
400	Free	M	ABS	3/2Series		50	Free	W	ABSOLUTE	FINALS
						100	Back	M	ABS/JUN	FINALS
						400	IM	M	ABSOLUTE	DIRECT FINAL
						200	IM	W	ABS/JUN	FINALS

## SUNDAY

## NOVEMBER

## 11th

100	Fly	W/M	ES A	Prelims		100	Fly	W/M	ES A	FINALS
100	Fly	W/M	YOUTH	Prelims		100	Fly	W/M	YOUTH	FINALS
100	Back	W/M	ES A	Prelims		100	Back	W/M	ES A	FINALS
100	Back	W/M	YOUTH	Prelims		100	Back	W/M	YOUTH	FINALS
100	Breast	W/M	ES A	Prelims		100	Breast	W/M	ES A	FINALS
100	Breast	W/M	YOUTH	Prelims		100	Breast	W/M	YOUTH	FINALS
100	Free	W/M	ES A	Prelims		100	Free	W/M	ES A	FINALS
100	Free	W/M	YOUTH	Prelims		100	Free	W/M	YOUTH	FINALS
200	IM	W/M	YOUTH	Prelims		200	IM	W/M	YOUTH	FINALS

# Genoa welcomes the Nico Sapiro Swimming Trophy 2018

It is with great pleasure that we invite you to the 45<sup>rd</sup> edition of the Nico Sapiro Swimming Trophy. Hosted by the Genova Nuoto Swimming Club, the meeting will take place in Genoa, Italy on 09<sup>th</sup>-10<sup>th</sup>-11th November 2018.

Genoa is a city and an important seaport in northern Italy, the capital of the Province of Genoa and of the Region of Liguria. It extends to more than 30 km coasts between Nervi and Voltri and the central town lies down as an amphitheatre all around the port, surrounded by hills adorned with ancient forts.

Genoa is also called La Superba ("the Superb one") due to its glorious past. The main features of central Genoa include Piazza De Ferrari, around which are sited the Opera House and the Palace of the Doges. There is also the house where Christopher Columbus was born. Strada Nuova (now Via Garibaldi), in the old city, was inscribed on the World Heritage List in 2006. This district was designed in the mid-16<sup>th</sup> century to accommodate Mannerist palaces of the city's most eminent families. Other landmarks of the city include the Old Harbour (Porto Antico), transformed into a mall by architect Renzo Piano, and the famous cemetery of Staglieno, renowned for its monuments and statues. Genoa has

also a large aquarium located in the above-mentioned old harbour. The port of Genoa contains an ancient lighthouse, called "La Lanterna" which is the symbol of the city.

The Nico Sapiro Swimming Trophy will take place at the pool of the "Complesso Polisportivo Sciorba" of Genoa, a 25 meter, 8-lane pool with electronic timing and scoreboard, ample spectator seating. For the entire duration of the event a second pool will be available for pre-race warming up.

Please feel free to explore the Genova Nuoto Club website ([www.genovanuoto.net](http://www.genovanuoto.net)) for further details or e-mail at [genovanuoto@genovanuoto.net](mailto:genovanuoto@genovanuoto.net) if you are interested in participating or if you have any questions.

