REGULATIONS FOR FOREIGN CLUBS

CATEGORIES

	Male	Female		
Esordienti A	2004-2005	2005-2006		
Boys	2003			
Boys	2001-2002	2004-2003		
Juniors	99-00	2001-2002		
Absolutes	98 and older	00 and older		

LIMITATIONS

Each athlete can take part in no more than 2 races.

REGISTRATION

For foreign clubs, registration must be made sending a mail to genovanuoto@genovanuoto.net and they must be received no later than October 16^{7h}, 2016. In no case whatsoever will any changes and/or registration be accepted after October 17th, 2015. The organizing club reserves the right to close registration ahead of time if needed for a proper carrying out of the meeting.

The entry fee is 8,00 euro per athlete/race.

Entry fees can be paid by bank transfer to the following banking account: A.S.D. Genova Nuoto IBAN code IT50 O 033 5901 6001 0000 0135 201 (pls include a description of payment). The entry fee payment must be made before the competition starts and the swim club managers must show the payment receipt.

DESCRIPTION OF THE EVENT

Qualifying heats will be seeded based.

For the entire duration of the event a 50 m pool will be available for pre-race warming up.

TIME LIMITS

When qualifying heats finish, clubs must pay 2 euro, as a supplement of the entry fee, for each athlete who did not equal or surpass the time limits indicated in the following tables:

Male

	Esordienti A 2005	Esordienti A 2004	Boys 2003	Boys 2001- 2002	Juniors	Absolutes
100 Butterfly	1.25	1.22	1.07	1.05	1.03	1.00
100 Backstroke	1.25	1.23	1.07	1.05	1.03	1.01
100 Breaststroke	1.33	1.30	1.17	1.15	1.12	1.10
100 Freestyle	1.11	1.09	0.59	0.57	0.55	0.54
200 Medley			2.26	2.23	2.19	2.15

Female

	Esordienti A 2006	Esordienti A 2005	Boys	Juniors	Absolutes
100 Butterfly	1.26	1.23	1.14	1.09	1.07
100 Backstroke	1.26	1.24	1.16	1.11	1.09
100 Breaststroke	1.36	1.33	1.24	1.19	1.17
100 Freestyle	1.15	1.13	1.05	1.02	1.00
200 Medley			2.40	2.34	2.32

Depending on the entry times, the first 24 males and 24 females will be admitted to the Absolutes 400 m freestyle race. Enty times must be achieved in 25 m pool during the swimming season 2015-2016. Each athlete enrolled in the 400 m freestyle event may indicate a reserve event, if he/she isn't in the 24 participants lists. 3rd- 2nd heats will be run during the morning session, the 1st in the afternoon. (no final heat).

PRIZES

The first three athletes in each race and category will be awarded medals and gadgets. In each race Boys (male) category, best athlete born in the first year of the category will be awarded.

Following FINA tables, the three best men's and women's technical performances will win the following: 1st place 500,00 euro, 2nd place 300,00 euro, 3rd place 200,00 euro.

TEAM PRIZES

The team standings are based on points awarded in each final race from the 1st to the 8th placed swimmers as follows: 1st 9pts, 2nd 7 pts, 3rd 6 pts, 4th 5 pts, 5th 4 pts, 6th 3 pts, 7th 2 pts, 8th 1pt. There will be five team's ranking lists: one for each category and a general one. In each ranking list, should one or more teams tie on points, the medals won will be taken into account.

Based on points won, for each category's ranking list the top three placed clubs will be awarded cups or plates, so as the top six teams in the general ranking list. At the best performance will be grant the "Alfredo Provenzali Plate".

The club that comes first, based on the total points won by all the categories, will be awarded the Nico Sapio Trophy, to be hold until the next year edition when it will be entitled to a 50% reduction on race fees.

The event will use the Race Official Group of the Italian Swimming Federation. Electronic timing will be provided by the Italian Time Keepers Federation.

Results will be published on-line on "www.genovagare.it"

For anything not provided for by the present regulations, Italian Swimming Federation regulations apply.

The 43rd edition of the Nico Sapio Swimming Trophy (triennial non consecutive) is organized by Genova Nuoto (Genova Nuoto Swimming Club) and is open to all Clubs of the Italian Swimming Federation or Federations abroad. It will be held on:

Monday October 31st, 2016: races Esordienti A and Boys category

Tuesday November 1st, 2016: races of the Juniors and Absolutes categories

All races will take place in the 25 meter, 8-lane pool of the *Complesso Polisportivo Sciorba, Via Adamoli 57,* Genoa (I).

MONDAY OCTOBER 31st, 2016 ESORDIENTI A - BOYS

Order of competition:

Qualifying heats: warming-up 8:00 a.m. – race beginning 9:00 a.m.

 100 m
 Butterfly
 f/m
 Boys

 100 m
 Backstroke
 f/m
 Boys

 100 m
 Breaststroke
 f/m
 Boys

 100 m
 Freestyle
 f/m
 Boys

 200 m
 Medley
 f/m
 Boys

Final heats: warming-up 3:30 p.m. – begin 4:30 p.m. (same order)

TUESDAY NOVEMBER 1st, 2016 JUNIORS and ABSOLUTES

Order of competition:

Qualifying heats: warming-up 8:00 a.m. – race beginning 9:00 a.m.

100 m Medley f/m Absolutes (3 heats) 100 m Butterfly f/m Absolutes - Juniors 50 m Breaststroke f/m Absolutes (4 heats)

100 m Backstroke f/m Absolutes

50 m Freestyle f/m Absolutes (4 heats)

100 m Backstroke f/m Juniors 100 m Breaststroke f/m Absolutes

50 m Backstroke f/m Absolutes (4 heats)

100 m Breaststroke f/m Juniors

100 m Freestyle f/m Absolutes - Juniors 50 m Butterfly f/m Absolutes (4 heats)

200 m Medley f/m Absolutes - Juniors (4 heats

Absolutes - 3 heats Juniors)

400 m Freestyle f/m Absolutes (3rd- 2nd heats)

Afternoon session: warming-up 4:00 p.m. – race beginning 5:00 p.m. (possible variations due to TV broadcasting)

400 m Freestyle f/m Absolutes (1st heat) and Final heats (same order)

Genoa welcomes the Nico Sapio Swimming Trophy 2015

It is with great pleasure that we invite you to the 43rd edition of the Nico Sapio Swimming Trophy. Hosted by the Genova Nuoto Swimming Club, the meeting will take place in Genoa, Italy on October 31rd and November 1st 2016.

Genoa is a city and an important seaport in northern Italy, the capital of the Province of Genoa and of the Region of Liguria. It extends to more than 30 km coasts between Nervi and Voltri and the central town lies down as an amphitheatre all around the port, surrounded by hills adorned with ancient forts.

Genoa is also called La Superba ("the Superb one") due to its glorious past. The main features of central Genoa include Piazza De Ferrari, around which are sited the Opera House and the Palace of the Doges. There is also the house where Christopher Columbus was born. Strada Nuova (now Via Garibaldi), in the old city, was inscribed on the World Heritage List in 2006. This district was designed in the mid-16th century to accommodate Mannerist palaces of the city's most eminent families. Other landmarks of the city include the Old Harbour (Porto Antico), transformed into a mall by architect Renzo Piano, and the famous cemetery of Staglieno, renowned for its monuments and statues. Genoa has also a large aquarium located in the above-mentioned old harbour. The port of Genoa contains an ancient lighthouse, called "La Lanterna" which is the symbol of the city.

The Nico Sapio Swimming Trophy will take place at the pool of the "Complesso Polisportivo Sciorba" of Genoa, a 25 meter, 8-lane pool with electronic timing and scoreboard, ample spectator seating. For the entire duration of the event a second pool will be available for pre-race warming up.

Please feel free to explore the Genova Nuoto Club website (www.genovanuoto.net) for further details or e-mail at genovanuoto@genovanuoto.net if you are interested in participating or if you have any questions.







43rd

Nico Sapio Swimming Trophy



Saturday October 31st – Sunday November 1st, 2015

Complesso Polisportivo Sciorba

 $\label{eq:Via Adamoli 57 - Genoa (I) Secretariat: Sciorba} Pool - Phone and fax:0039.10.8357081$

Web site: www.genovanuoto.net
e-mail: genovanuoto.net
VAT number: 02438180107 - Fiscal code:

80042670101

IBAN Code: IT50 O 033 5901 6001 0000 0135 201