

## 2° PROVA INVERNALE DI CATEGORIA Fase Regionale - Liguria Ponente

### Risultati

POS	COGNOME E NOME SOCIETA'	ANNO NAZ	50m	100m	150m	200m	250m	300m	350m	ARRIVO	Record
<b>400 m Stile Libero - Assoluti Femmine</b>											
<b>Riepilogo</b>											
1	<b>CAVAGNOLA Sophie</b> Andrea Doria	1999	30.80	1'03.04 32.24	1'35.91 32.87	2'08.98 33.07	2'42.41 33.43	3'15.83 33.42	3'49.42 33.59	<b>4'22.07</b> 32.65	
2	<b>SANSALONE Noelia Cristin</b> Andrea Doria	2001	31.51	1'05.71 34.20	1'39.83 34.12	2'13.77 33.94	2'48.24 34.47	3'22.83 34.59	3'57.09 34.26	<b>4'30.84</b> 33.75	
3	<b>SOLE Lucrezia</b> Doria Nuoto 2000 Loano	2002	32.35	1'06.67 34.32	1'41.33 34.66	2'16.68 35.35	2'51.34 34.66	3'25.69 34.35	4'00.15 34.46	<b>4'34.14</b> 33.99	
4	<b>MALAGUGINI Valentina</b> Andrea Doria	2001	32.28	1'07.16 34.88	1'42.36 35.20	2'18.32 35.96	2'54.01 35.69	3'29.24 35.23	4'04.79 35.55	<b>4'38.88</b> 34.09	
5	<b>GENARI Irene</b> Rari Nantes Imperia 57	2000	32.99	1'07.78 34.79	1'43.37 35.59	2'19.07 35.70	2'54.73 35.66	3'29.97 35.24	4'05.58 35.61	<b>4'40.21</b> 34.63	
6	<b>CARISTO Sara</b> Andrea Doria	1998	32.14	1'06.76 34.62	1'42.45 35.69	2'18.75 36.30	2'55.10 36.35	3'31.32 36.22	4'06.87 35.55	<b>4'41.23</b> 34.36	
7	<b>CUNEO Stefania</b> Nuoto Club Liguria	2000	32.17	1'06.92 34.75	1'42.51 35.59	2'18.39 35.88	2'54.72 36.33	3'30.19 35.47	4'05.93 35.74	<b>4'41.44</b> 35.51	
8	<b>SOFFIOTTO Chiara</b> Rari Nantes Arenzano	2002	32.78	1'08.55 35.77	1'44.79 36.24	2'21.01 36.22	2'57.29 36.28	3'33.82 36.53	4'10.11 36.29	<b>4'45.02</b> 34.91	
9	<b>FRESIA Martina</b> Andrea Doria	2002	33.44	1'09.43 35.99	1'46.34 36.91	2'22.82 36.48	2'59.10 36.28	3'35.47 36.37	4'11.46 35.99	<b>4'47.04</b> 35.58	
10	<b>CAPOZUCCA Giorgia</b> Nuoto Club Liguria	2001	31.96	1'06.46 34.50	1'41.62 35.16	2'18.24 36.62	2'55.58 37.34	3'33.42 37.84	4'11.41 37.99	<b>4'47.85</b> 36.44	
11	<b>NERI Dania</b> Andrea Doria	2003	32.30	1'08.68 36.38	1'45.81 37.13	2'23.08 37.27	3'00.29 37.21	3'37.99 37.70	4'15.31 37.32	<b>4'51.61</b> 36.30	
12	<b>REBAGLIATI Giulia</b> Andrea Doria	2002	33.65	1'10.13 36.48	1'47.28 37.15	2'24.77 37.49	3'02.03 37.26	3'39.93 37.90	4'17.31 37.38	<b>4'53.62</b> 36.31	
13	<b>BOZZANO Matilde</b> Aragno Rivaurolesi	2003	33.81	1'10.73 36.92	1'48.21 37.48	2'25.20 36.99	3'02.70 37.50	3'40.91 38.21	4'19.66 38.75	<b>4'58.03</b> 38.37	
14	<b>MONARI Sara</b> Andrea Doria	2001	33.78	1'11.34 37.56	1'49.75 38.41	2'27.54 37.79	3'05.87 38.33	3'44.41 38.54	4'23.37 38.96	<b>5'00.99</b> 37.62	
15	<b>RAVASCHIO Irene</b> Aragno Rivaurolesi	2002	33.89	1'11.48 37.59	1'49.83 38.35	2'28.83 39.00	3'07.76 38.93	3'46.40 38.64	4'25.21 38.81	<b>5'02.69</b> 37.48	
16	<b>HUGON Chiara</b> Andrea Doria	2002	33.06	1'10.57 37.51	1'49.30 38.73	2'27.98 38.68	3'07.74 39.76	3'46.87 39.13	4'25.59 38.72	<b>5'02.70</b> 37.11	
17	<b>DE ANDREIS Valeria</b> Andrea Doria	2001	33.46	1'10.33 36.87	1'49.14 38.81	2'28.55 39.41	3'07.97 39.42	3'47.90 39.93	4'26.68 38.78	<b>5'04.43</b> 37.75	
18	<b>TONDINA Margherita</b> Rari Nantes Arenzano	2001	34.57	1'11.83 37.26	1'50.10 38.27	2'29.18 39.08	3'08.80 39.62	3'48.70 39.90	4'28.47 39.77	<b>5'06.23</b> 37.76	
19	<b>IACOVINO Paola</b> Andrea Doria	2003	35.84	1'14.59 38.75	1'54.04 39.45	2'33.12 39.08	3'12.14 39.02	3'50.46 38.32	4'29.27 38.81	<b>5'06.57</b> 37.30	
20	<b>BUONERBA Giada</b> Doria Nuoto 2000 Loano	2003	34.77	1'12.66 37.89	1'51.63 38.97	2'31.27 39.64	3'10.65 39.38	3'50.44 39.79	4'29.54 39.10	<b>5'07.17</b> 37.63	
21	<b>GABRIELI Matilde</b> Andrea Doria	2003	35.07	1'13.71 38.64	1'53.00 39.29	2'32.36 39.36	3'13.29 40.93	3'51.41 38.12	4'31.77 40.36	<b>5'08.98</b> 37.21	
22	<b>CASTAGNO Alice</b> Rari Nantes Arenzano	1998	33.87	1'12.20 38.33	1'51.76 39.56	2'31.87 40.11	3'12.20 40.33	3'53.09 40.89	4'33.39 40.30	<b>5'13.85</b> 40.46	
23	<b>SCALETTI Giulia</b> Andrea Doria	2002	35.23	1'14.71 39.48	1'55.68 40.97	2'35.73 40.05	3'16.10 40.37	3'56.80 40.70	4'37.03 40.23	<b>5'16.52</b> 39.49	
24	<b>VISCONTI Sofia</b> Andrea Doria	2003	37.12	1'17.85 40.73	1'59.09 41.24	2'40.28 41.19	3'21.47 41.19	4'02.37 40.90	4'42.45 40.08	<b>5'22.09</b> 39.64	

**Publicata: 12/12/2015 ore 17:32**