







46th Nico Sapio Swimming Trophy



Friday 08th Saturday 09th Sunday 10th November, 2019

Complesso Polisportivo Sciorba Via Adamoli 57 – Genoa (I) Secretariat: Sciorba Pool – Phone and fax:0039.10.8357081 Web site: <u>www.genovanuoto.net</u> e-mail: genovanuoto@genovanuoto.net VAT number: 02438180107 - Fiscal code: 80042670101 IBAN Code: IT50 0 033 5901 6001 0000 0135 201

REGULATIONS FOR FOREIGN CLUBS

AGE CATEGORIES ENTRIES

	Male	Female
Esordienti A	2007-2008	2008-2009
Youth	2006	
Youth	2004-2005	2006-2007
Juniors	2002-2003	2004-2005
Absolutes	01 and older	03 and older

LIMITATIONS

Each athlete can take part in no more than **2** races for categories Esordienti A and Youth. **3** races for categories Junior. There are no limits to the number of competitions for the absolutes.

REGISTRATION and ENTRY FEES

For foreign clubs, registration must be made sending a mail to <u>genovanuoto@genovanuoto.net</u> and must be received no later than October 28th, 2019. In no case whatsoever will any changes and/or registration be accepted after October 28th, 2019. The organizing club reserves the right to close registration ahead of time if needed for a proper carrying out of the meeting. The entry fee is 8,00 euro per athlete/race.

Entry fees can be paid by bank transfer to the following banking account: . Genova Nuoto My Sport,

IBAN code IT50 O 033 5901 6001 0000 0135 201 (pls include a description of payment). The entry fee payment must be made before the competition starts and the swim club managers must show the payment receipt.

DESCRIPTION OF THE EVENT

Qualifying heats (best 24 times) will be seeded.

For the entire duration of the event a 50 m pool will be available for warm up and training.

ENTRY TIMES

Men

	Esordienti A 2008	Esordienti A 2007	Youth 2006	Youth 2004- 2005	Juniors	Absolutes
100 Butterfly	1.25	1.22	1.07	1.05	1.03	1.00
100 Backstroke	1.25	1.23	1.07	1.05	1.03	1.01
100 Breaststroke	1.33	1.30	1.17	1.15	1.12	1.10
100 Freestyle	1.11	1.09	0.59	0.57	0.55	0.54
200 IM			2.26	2.23	2.19	2.15

Women

	Esordienti A 2009	Esordienti A 2008	Youth	Juniors	Absolutes
100 Butterfly	1.26	1.23	1.14	1.09	1.07
100 Backstroke	1.26	1.24	1.16	1.11	1.09
100 Breaststroke	1.36	1.33	1.24	1.19	1.17
100 Freestyle	1.15	1.13	1.05	1.02	1.00
200 IM			2.40	2.34	2.32

ENTRY TIMES ABSOLUTES WOMEN

50 FLY 29,00200 FLY 2.25,0050 BACK 30,00200 BACK 2.22,0050 BREAST 36,00200 BREAST 2.40,0050 FREE 27,00200 FREE 2.08,00

ENTRY TIMES ABSOLUTES MEN

50 FLY 26,00200 FLY 2.12,0050 BACK 28,00200 BACK 2.10,0050 BREAST 30,00200 BREAST 2.24,0050 FREE 24,00200 FREE 1.54,00

According to the entry times, the best 24 males and 24 females will be admitted to the Absolutes 400 m freestyle race. Entry times must be achieved in 25 m pool during the swimming season 2018-2019. Each athlete enrolled in the 400 m freestyle event may indicate a reserve event, if he/she isn't in the 24 participants lists. 3rd- 2nd heats will be run during the morning session, the 1st in the afternoon. (no final heat). 1500 /800 free, 400 and 100 IM are Direct Final.

CALL ROOMS

The call room for the prelims is located on the opposite side of the start

Victory Ceremony

Victory ceremonies for the finals will take place immediately after the finals of every final. The three first athletes are reminded to follow the awarding staff.

PRIZES

The first three athletes in each race and category will be awarded with medals and gadgets. In each race Boys (male) category, best athlete born in the first year of the category will be awarded.

Following FINA tables, the three best men's and women's technical performances will win the following: 1st place 500,00 euro, 2nd place 300,00 euro, 3rd place 200,00 euro.

TEAM PRIZES

The team standings are based on points awarded in each final race from the 1st to the 8th placed swimmers as follows: 1st 9pts, 2nd 7 pts, 3rd 6 pts, 4th 5 pts, 5th 4 pts, 6th 3 pts, 7th 2 pts, 8th 1pt. There will be five team's ranking lists: one for each category and a general one. In each ranking list, should one or more teams tie on points, the medals won will be taken into account.

Based on points won, for each category's ranking list the top three placed clubs will be awarded with cups or plates, so as the top six teams in the general ranking list. At the best performance will be grant the "Alfredo Provenzali Plate".

The club that comes first, based on the total points won by all the categories, will be awarded with the Nico Sapio Trophy, to be hold until the next year edition when it will be entitled to a 50% reduction on race fees.

The event will use the Race Official Group of the Italian Swimming Federation. Electronic timing will be provided by the Italian Time Keepers Federation.

Results will be published on-line on "www.genovagare.it"

For anything not provided for by the present regulations, Italian Swimming Federation regulations apply.

MEALS AT THE POOL RESTAURANT

For meals at the pool restaurant, please make your reservation to:

SCIORBA CAFE' tel.392 5783694. -- cafe@piscinesciorba.com

Lunch for the event: 11€ first course, second course with side dish, water and bread or full menu with dessert at 13€ Moreover the staff guarantees dinner service with the following prices: 15€ without dessert, 17€ with dessert. The staff can also offer meals for person who suffers from celiac disease.

ACCOMODATION

The Hotels can be booked through GATTINONI TRAVEL NETWOORK GENOVA Via R. Ceccardi 5R 16121 Genova tel 010 544341 Monday..-Friday. 09-12/14:30-19 --- Saturday 09-12:30 email: genova@gattinoni.it Sito Web: www.gattinoni.it

EVENT SCHEDULE

ABS/JUN **FRIDAY NOVEMBER 08th**

50	Back	М	AB	SOLUTE	Prelims	400)	Free	W	ABSOLUTE	1 st SERIES
50	Fly	W		SOLUTE	Prelims	50		Back	М	ABSOLUTE	FINALS
200	Free	M		SOLUTE	Prelims	50		Fly	W	ABSOLUTE	FINALS
100	Free	W		S/JUN	Prelims	200)	Free	М	ABSOLUTE	FINALS
50	Breast	W	AB	SOLUTE	Prelims	100)	Free	W	ABS/JUN	FINALS
100	Breast	М		S/JUN	Prelims	50		Breast	W	ABSOLUTE	FINALS
100	Fly	М		S/JUN	Prelims	100)	Breast	М	ABS/JUN	FINALS
200	Fly	W	AB	SOLUTE	Prelims	100)	IM	W	ABSOLUTE	DIRECT FINAL
200	Back	М		SOLUTE	Prelims	100)	Fly	М	ABS/JUN	FINALS
200	Breast	W		SOLUTE	Prelims	200)	Fly	W	ABSOLUTE	FINALS
50	Free	М	AB	SOLUTE	Prelims	200)	Back	М	ABSOLUTE	FINALS
100	Back	W	AB	s/jun	Prelims	200)	Breast	W	ABSOLUTE	FINALS
200	IM	М	AB	S/JUN	Prelims	50		Free	М	ABSOLUTE	FINALS
400	free	W	AB	SOLUTE	3/2Series	100		Back	W	ABS/JUN	FINALS
						400		IM	W	ABSOLUTE	DIRECT FINAL
						200		IM Free	M M	ABS/JUN ABSOLUTE	FINALS DIRECT FINAL
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50				ABS/JUN	Prelims						
200	Free	N N		ABS	Prelims		50	Back	W	ABSOLU	
100	Free	N		ABS	Prelims		50	Fly	M	ABSOLU	
50	Breast	N	1	ABS/JUN	N Prelims	2	00	Free	W	ABSOLU	TF FINALS
100	Breast	V	1	ABS	Prelims	1	00	Free	М	ABS/JUN	
100	Fly	V	/	ABS	Prelims	Ę	50	Breast	М	ABSOLU	TE FINALS
200	Fly	N	1	ABS/JUN	I Prelims	1	00	Breast	W	ABS/JUN	FINALS
200	Back	V	/	ABS	Prelims	1	00	IM	М	ABSOLU	TE DIRECT FINA
200	Breast	N	1	ABS	Prelims	1	00	Fly	W	ABS/JUN	FINALS
50	Free	V	/	ABS/JUN	N Prelims	2	00	Fly	М	ABSOLU	TE FINALS
100	Back	N		ABS	Prelims	2	00	Back	W	ABSOLU ⁻	TE FINALS
200	IM	V	1	ABS	Prelims	2	00	Breast	М	ABSOLU	TE FINALS
400	Free	N		ABS	3/2Series	5	50	Free	W	ABSOLU	
							00	Back	М	ABS/JUN	
							00	IM	М	ABSOLU	
						2	00	IM	W	ABS/JUN	FINALS
SUNDA	Y NOVEM	BER 1	0th								
100	Fly		//M	ES A	Prelims	1	00	Fly	W/N	1 ES A	FINALS
100	Fly		//M	YOUTH	Prelims	1	00	Fly	W/N		FINALS
100	Back	V	//M	ES A	Prelims	1	00	Back	W/N		FINALS
						1					
100	Back		//M //M	YOUTH ES A	Prelims Prelims	1	00	Back	W/N	1 YOUTH 1 ES A	FINALS

W/M

W/M

W/M

W/M

Breast

Free

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200

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YOUTH

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YOUTH

ES A

Genoa welcomes the Nico Sapio Swimming Trophy 2019

It is with great pleasure that we invite you to the 46rd edition of the Nico Sapio Swimming Trophy. Hosted by the Genova Nuoto Swimming Club, the meeting will take place in Genoa, Italy on 08th-09th-10th November 2019.

Genoa is a city and an important seaport in northern Italy, the capital of the Province of Genoa and of the Region of Liguria. It extends to more than 30 km coasts between Nervi and Voltri and the central town lies down as an amphitheatre all around the port, surrounded by hills adorned 197 with ancient forts. Genoa is also called La Superba ("the Superb one") due to its glorious past. The main features of central Genoa include Piazza De Ferrari, around which are sited the Opera House and the Palace of the Doges. There is also the house where Christopher Columbus was born, Strada Nuova (now Via Garibaldi), in the old city, was inscribed on the World Heritage List in 2006. This district was designed in the mid-16th century to accommodate Mannerist palaces of the city's most eminent families. Other landmarks of the city include the Old Harbour (Porto Antico), transformed into a mall by architect Renzo Piano, and cemetery the famous of renowned Staglieno for its noa has monumer

also a large aquarium located in the above-mentioned old harbour. The port of Genoa contains an ancient lighthouse, called "La Lanterna" which is the symbol of the city.

The Nico Sapio Swimming Trophy will take place at the pool of the "Complesso Polisportivo Sciorba" of Genoa, a 25 meter, 8-lane pool with electronic timing and scoreboard, ample spectator seating. For the entire duration of the event a second pool will be available for pre-race warming up.

Please feel free to explore the Genova Nuoto Club website (www.genovanuoto.net) for further details or e-mail at genovanuoto@genovanuoto.net if you are interested in participating or if you have any questions.

La vasca dei Campioni							
PRIMA	TI DELLA V	ASCA	2018				
femmine							
50 fa	0'25.07		KELSI	DAHLIA WORREL	2018		
100 fa	0'55.00		KELSI	DAHLIA WORREL	2018		
200 fa	2'06.85		ILARIA	BIANCHI	2018		
50 do	0'26.47		KATHLEEN	BAKER	2018		
100 do	0'56.47		NATALIE	COUGHLIN	2011		
200 do	2'01.68		KATHLEEN	BAKER	2017		
50 ra	0'30.53		SARA	MOROTTI	2018		
100 ra	1'04.67		KATIE	MEILI	2015		
200 ra	2'21"69	1	MIRNA	JUKIC	2003		
50 sl	0'24.02		KELSI	DAHLIA WORREL	2018		
100 sl	0'52.51		KELSI	DAHLIA WORREL	2018		
200 sl	1'54.30		FEDERICA	PELLEGRINI	2018		
400 sl	3'59.39		CAMILLE	MUFFAT	2008		
800 sl	8'15.69		SIMONA	QUADARELLA	2018		
100 misti	0'59.74		KATHLEEN	BAKER	2018		
200 misti	2'07.28		ILARIA	CUSINATO	2018		
400 misti	4'29.41		ILARIA	CUSINATO	2018		
maschi							
50 fa	0'22.64		MARIUS	кизсн	2018		
100 fa	0'50.03		EVGENY	KOROTHYSKIN	2009		
200 fa	1'54.45		ALBERTO	RAZZETTI	2018		
50 do	0'23.96		SIMONE	SABBIONI	2018		
100 do	0'50"86		NICK	THOMAN	2013		
200 do	1'51.85		LORENZO	MORA	2017		
50 ra	0'26.06		FABIO	scozzoli	2018		
100 ra	0'57.17		FABIO	scozzoli	2018		
200 ra	2'06.84		LUCA	PIZZINI	2018		
50 sl	0'21.38		MARK	FOSTER	2007		
100 sl	0'46.90		MICHAEL	CHADWICK	2018		
200 sl	1'44.20		MATTEO	СІАМРІ	2018		
400 sl	3'39.08		GABRIELE	DETTI	2018		
1500 sl	14'45.72		DOMENICO				
100 misti	0'52.65		MARCO	ORSI	2018		
200 misti	1'55.75		THOMAS	CECCON	2017		
400 misti	4'08.74		ALESSIO	BOGGIATTO	2004		