

3° PROVA INVERNALE DI CATEGORIA

Fase Regionale - Liguria

Risultati

POS	COGNOME E NOME SOCIETA'	ANNO	50m	100m	150m	200m	250m	300m	350m	400m	ARRIVO	Record
			NAZ	450m	500m	550m	600m	650m	700m	750m		
800 m Stile Libero - Assoluti Femmine												
1	CAVAGNOLA Sophie Andrea Doria	1999	30.46	1'02.74	1'35.34	2'08.13	2'41.03	3'14.06	3'47.36	4'20.65		
			ITA	32.28	32.60	32.79	32.90	33.03	33.30	33.29		
				4'53.86	5'27.07	6'00.30	6'33.53	7'06.82	7'40.12	8'13.34	8'45.71	
				33.21	33.21	33.23	33.23	33.29	33.30	33.22		32.37
2	MALONI Elisa CN UISP - Bologna	1999	30.27	1'02.80	1'35.59	2'08.59	2'41.56	3'14.65	3'47.82	4'20.88		
			ITA	32.53	32.79	33.00	32.97	33.09	33.17	33.06		
				4'54.19	5'27.72	6'01.27	6'35.04	7'09.03	7'42.86	8'16.34	8'48.73	
				33.31	33.53	33.55	33.77	33.99	33.83	33.48		32.39
3	CALLO Sofie Rari Nantes Spezia	2001	30.83	1'03.98	1'37.18	2'10.36	2'44.33	3'18.15	3'52.31	4'26.76		
			ITA	33.15	33.20	33.18	33.97	33.82	34.16	34.45		
				5'01.29	5'36.53	6'11.85	6'46.33	7'21.45	7'56.11	8'30.65	9'03.37	
				34.53	35.24	35.32	34.48	35.12	34.66	34.54		32.72
4	FILADELLI Anna Andrea Doria	2003	32.37	1'06.89	1'41.50	2'16.23	2'50.97	3'25.68	4'00.72	4'35.53		
			ITA	34.52	34.61	34.73	34.74	34.71	35.04	34.81		
				5'10.43	5'45.71	6'20.97	6'56.03	7'30.78	8'05.57	8'40.41	9'12.85	
				34.90	35.28	35.26	35.06	34.75	34.79	34.84		32.44
5	MACCHIAVELLO Giulia Genova Nuoto My Sport ssd	1999	31.11	1'05.06	1'39.48	2'14.18	2'48.59	3'23.54	3'58.35	4'33.25		
			ITA	33.95	34.42	34.70	34.41	34.95	34.81	34.90		
				5'08.46	5'43.45	6'18.36	6'53.55	7'28.61	8'03.70	8'39.01	9'13.02	
				35.21	34.99	34.91	35.19	35.06	35.09	35.31		34.01
6	BEGHINI Irene Rari Nantes Spezia	2001	31.70	1'05.59	1'40.24	2'14.95	2'49.57	3'24.54	3'59.06	4'34.41		
			ITA	33.89	34.65	34.71	34.62	34.97	34.52	35.35		
				5'09.41	5'44.70	6'20.13	6'55.27	7'30.34	8'05.35	8'40.28	9'13.65	
				35.00	35.29	35.43	35.14	35.07	35.01	34.93		33.37
7	ALLARA Federica Genova Nuoto My Sport ssd	2003	31.01	1'04.98	1'39.34	2'13.71	2'48.50	3'23.80	3'59.21	4'34.47		
			ITA	33.97	34.36	34.37	34.79	35.30	35.41	35.26		
				5'10.08	5'45.60	6'20.94	6'56.03	7'31.58	8'07.36	8'42.57	9'16.01	
				35.61	35.52	35.34	35.09	35.55	35.78	35.21		33.44
8	DE PASCALE Chiara Sportiva Sturla	2003	32.19	1'06.78	1'41.84	2'16.66	2'51.77	3'26.77	4'02.14	4'37.56		
			ITA	34.59	35.06	34.82	35.11	35.00	35.37	35.42		
				5'12.76	5'48.19	6'23.56	6'58.86	7'34.31	8'09.31	8'44.92	9'18.98	
				35.20	35.43	35.37	35.30	35.45	35.00	35.61		34.06
9	NORERO Valentina Nuotatori Genovesi ssd	2003	32.07	1'06.64	1'41.53	2'16.64	2'51.88	3'27.48	4'03.09	4'38.42		
			ITA	34.57	34.89	35.11	35.24	35.60	35.61	35.33		
				5'13.88	5'49.23	6'24.54	6'59.92	7'35.37	8'11.03	8'46.72	9'20.05	
				35.46	35.35	35.31	35.38	35.45	35.66	35.69		33.33
10	ZINI Diletta Rari Nantes Spezia	2001	32.05	1'06.06	1'40.68	2'15.41	2'50.13	3'25.32	4'00.37	4'35.93		
			ITA	34.01	34.62	34.73	34.72	35.19	35.05	35.56		
				5'11.57	5'47.09	6'22.64	6'58.85	7'35.17	8'11.33	8'46.99	9'22.43	
				35.64	35.52	35.55	36.21	36.32	36.16	35.66		35.44
11	MENCHINI Iris Rari Nantes Spezia	2003	31.41	1'05.39	1'40.22	2'15.22	2'50.56	3'25.98	4'01.52	4'37.01		
			ITA	33.98	34.83	35.00	35.34	35.42	35.54	35.49		
				5'12.79	5'48.58	6'24.65	7'01.07	7'37.58	8'13.91	8'50.11	9'24.74	
				35.78	35.79	36.07	36.42	36.51	36.33	36.20		34.63
12	NERI Dania Andrea Doria	2003	32.02	1'06.55	1'41.76	2'17.04	2'52.26	3'27.69	4'03.37	4'39.04		
			ITA	34.53	35.21	35.28	35.22	35.43	35.68	35.67		
				5'14.83	5'50.79	6'26.80	7'02.84	7'39.07	8'15.07	8'51.12	9'25.92	
				35.79	35.96	36.01	36.04	36.23	36.00	36.05		34.80
13	DE ANDREIS Valeria Andrea Doria	2001	32.12	1'06.73	1'42.01	2'17.82	2'53.63	3'29.07	4'04.93	4'40.79		
			ITA	34.61	35.28	35.81	35.81	35.44	35.86	35.86		
				5'16.93	5'52.96	6'28.96	7'05.13	7'40.99	8'16.61	8'52.41	9'26.92	
				36.14	36.03	36.00	36.17	35.86	35.62	35.80		34.51
14	PIAZZA Elisa Genova Nuoto My Sport ssd	2003	32.37	1'07.33	1'43.06	2'18.90	2'54.54	3'30.20	4'06.05	4'41.80		
			ITA	34.96	35.73	35.84	35.64	35.66	35.85	35.75		
				5'17.67	5'53.46	6'29.46	7'05.62	7'41.48	8'17.34	8'53.14	9'28.16	
				35.87	35.79	36.00	36.16	35.86	35.86	35.80		35.02
15	SANTUCCI Francesca Genova Nuoto My Sport ssd	2002	31.88	1'06.52	1'41.55	2'16.76	2'51.95	3'27.29	4'02.89	4'38.50		
			ITA	34.64	35.03	35.21	35.19	35.34	35.60	35.61		
				5'13.99	5'50.24	6'26.97	7'03.27	7'39.44	8'15.87	8'52.44	9'28.68	
				35.49	36.25	36.73	36.30	36.17	36.43	36.57		36.24

POS	COGNOME E NOME	ANNO	ARRIVO	Record
	SOCIETA'	NAZ		
16	FONTANA Ester Genova Nuoto My Sport ssd	2004	32.90	1'08.37 1'44.42 2'20.81 2'56.67 3'33.07 4'08.92 4'45.44
		ITA		35.47 36.05 36.39 35.86 36.40 35.85 36.52 5'21.86 5'58.01 6'33.84 7'10.46 7'46.66 8'23.08 8'58.92 9'33.73 36.42 36.15 35.83 36.62 36.20 36.42 35.84 34.81
17	AMALFITANO Martina Rari Nantes Spezia	2004	32.82	1'08.24 1'43.96 2'20.46 2'56.65 3'33.10 4'09.07 4'45.76
		ITA		35.42 35.72 36.50 36.19 36.45 35.97 36.69 5'21.90 5'58.15 6'34.50 7'11.21 7'48.52 8'25.94 9'02.65 9'37.94 36.14 36.25 36.35 36.71 37.31 37.42 36.71 35.29
18	FERDEGHINI Martina UISP Nuoto Valdimagra	2001	32.60	1'08.33 1'44.74 2'21.10 2'57.53 3'34.04 4'10.52 4'47.26
		ITA		35.73 36.41 36.36 36.43 36.51 36.48 36.74 5'23.79 6'00.71 6'37.41 7'14.05 7'50.82 8'27.36 9'03.79 9'38.96 36.53 36.92 36.70 36.64 36.77 36.54 36.43 35.17
19	MOI Rachele Andrea Doria	2003	32.64	1'08.00 1'44.01 2'20.34 2'57.09 3'33.87 4'10.46 4'47.31
		ITA		35.36 36.01 36.33 36.75 36.78 36.59 36.85 5'24.51 6'01.92 6'38.61 7'15.37 7'52.45 8'29.31 9'05.80 9'39.83 37.20 37.41 36.69 36.76 37.08 36.86 36.49 34.03
20	GIOVINAZZO Francesca Sportiva Sturla	2002	32.27	1'07.15 1'42.75 2'18.94 2'55.41 3'31.90 4'08.53 4'45.42
		ITA		34.88 35.60 36.19 36.47 36.49 36.63 36.89 5'22.35 5'59.45 6'36.44 7'13.56 7'50.54 8'27.42 9'04.56 9'39.93 36.93 37.10 36.99 37.12 36.98 36.88 37.14 35.37
21	LAVIOSA Camilla Genova Nuoto My Sport ssd	2002	32.47	1'07.48 1'43.12 2'19.23 2'56.00 3'32.29 4'09.11 4'46.31
		ITA		35.01 35.64 36.11 36.77 36.29 36.82 37.20 5'23.44 6'00.47 6'37.43 7'14.62 7'51.73 8'29.13 9'05.98 9'42.04 37.13 37.03 36.96 37.19 37.11 37.40 36.85 36.06
22	CAPPANERA Greta Andrea Doria	2004	33.48	1'09.55 1'45.88 2'22.35 2'59.34 3'35.90 4'12.38 4'49.14
		ITA		36.07 36.33 36.47 36.99 36.56 36.48 36.76 5'25.83 6'02.46 6'39.17 7'16.12 7'53.32 8'30.32 9'07.21 9'42.41 36.69 36.63 36.71 36.95 37.20 37.00 36.89 35.20
23	CIPRIANI Maddalena Genova Nuoto My Sport ssd	2004	34.74	1'11.66 1'48.91 2'26.14 3'03.83 3'41.37 4'18.42 4'55.42
		ITA		36.92 37.25 37.23 37.69 37.54 37.05 37.00 5'32.46 6'09.96 6'47.41 7'24.37 8'01.25 8'38.39 9'15.18 9'50.90 37.04 37.50 37.45 36.96 36.88 37.14 36.79 35.72
24	LEVERONE Sofia Chiavari Nuoto	2002	33.15	1'08.91 1'45.74 2'22.86 3'00.54 3'38.08 4'15.99 4'53.28
		ITA		35.76 36.83 37.12 37.68 37.54 37.91 37.29 5'30.44 6'08.46 6'46.73 7'24.51 8'02.21 8'40.03 9'17.40 9'52.43 37.16 38.02 38.27 37.78 37.70 37.82 37.37 35.03
25	LATTA Giulia Nuotatori Genovesi ssd	2004	33.92	1'10.62 1'47.17 2'24.03 3'01.35 3'38.99 4'16.64 4'54.31
		ITA		36.70 36.55 36.86 37.32 37.64 37.65 37.67 5'32.00 6'09.92 6'48.44 7'26.52 8'04.28 8'42.65 9'20.22 9'56.27 37.69 37.92 38.52 38.08 37.76 38.37 37.57 36.05
26	BROGI Lucrezia Nuotatori Genovesi ssd	2002	33.89	1'10.24 1'47.97 2'25.90 3'03.88 3'41.84 4'19.76 4'57.50
		ITA		36.35 37.73 37.93 37.98 37.96 37.92 37.74 5'35.13 6'12.50 6'50.14 7'27.86 8'05.44 8'42.84 9'20.25 9'56.55 37.63 37.37 37.64 37.72 37.93 38.21 38.38 38.66 36.30
27	CUZZUPE' Ilaria Genova Nuoto My Sport ssd	2004	33.83	1'10.37 1'47.60 2'25.14 3'03.09 3'40.87 4'18.73 4'56.35
		ITA		36.54 37.23 37.54 37.95 37.78 37.86 37.62 5'33.73 6'11.40 6'49.12 7'27.05 8'05.26 8'43.64 9'22.30 9'59.14 37.38 37.67 37.72 37.93 38.21 38.38 38.66 36.84
28	RAVASCHIO Elena Aragno Rivarolesi	2004	33.38	1'09.96 1'47.73 2'25.64 3'03.38 3'41.48 4'19.54 4'57.85
		ITA		36.58 37.77 37.91 37.74 38.10 38.06 38.31 5'35.82 6'14.16 6'52.30 7'30.55 8'08.53 8'46.70 9'24.57 10'00.97 37.97 38.34 38.14 38.25 37.98 38.17 37.87 36.40
29	TERENZONI Sara Genova Nuoto My Sport ssd	2003	33.57	1'10.15 1'47.32 2'25.08 3'02.96 3'41.13 4'19.35 4'56.27
		ITA		36.58 37.17 37.76 37.88 38.17 38.22 36.92 5'34.50 6'13.08 6'51.67 7'30.42 8'09.08 8'48.34 9'25.98 10'02.64 38.23 38.58 38.59 38.75 38.66 39.26 37.64 36.66
30	BOZZANO Matilde Aragno Rivarolesi	2003	34.32	1'11.78 1'49.83 2'27.87 3'06.40 3'42.93 4'20.56 4'58.20
		ITA		37.46 38.05 38.04 38.53 36.53 37.63 37.64 5'35.94 6'14.08 6'52.22 7'30.35 8'08.88 8'47.31 9'25.61 10'02.73 37.74 38.14 38.14 38.13 38.53 38.43 38.30 37.12
31	MASIA Michela UISP Nuoto Valdimagra	2004	32.58	1'08.97 1'45.85 2'23.08 3'00.89 3'38.88 4'17.38 4'55.53
		ITA		36.39 36.88 37.23 37.81 37.99 38.50 38.15 5'34.37 6'12.71 6'51.32 7'30.16 8'08.76 8'47.60 9'26.53 10'03.69 38.84 38.34 38.61 38.84 38.60 38.84 38.93 37.16
32	RATTO Martina Genova Nuoto My Sport ssd	2002	33.77	1'10.25 1'47.33 2'25.05 3'02.74 3'40.74 4'20.08 4'58.74
		ITA		36.48 37.08 37.72 37.69 38.00 39.34 38.66 5'36.98 6'15.75 6'54.46 7'32.82 8'11.41 8'50.15 9'28.61 10'06.07 38.24 38.77 38.71 38.36 38.59 38.74 38.46 37.46
33	RAVASCHIO Irene Aragno Rivarolesi	2002	32.26	1'08.55 1'46.10 2'24.10 3'02.32 3'40.80 4'19.12 4'57.37
		ITA		36.29 37.55 38.00 38.22 38.48 38.32 38.25 5'35.95 6'14.59 6'53.75 7'33.13 8'12.22 8'51.52 9'30.47 10'07.73 38.58 38.64 39.16 39.38 39.09 39.30 38.95 37.26

Genova, 28-29/01/17

POS	COGNOME E NOME	ANNO	ARRIVO Record										
	SOCIETA'	NAZ											
34	MONARI Sara Andrea Doria	2001	33.88	1'11.45	1'49.75	2'27.89	3'06.24	3'44.22	4'22.47	5'01.00			
			ITA	37.57	38.30	38.14	38.35	37.98	38.25	38.53			
				5'39.24	6'17.46	6'56.19	7'34.37	8'12.92	8'50.96	9'29.66		10'07.94	
				38.24	38.22	38.73	38.18	38.55	38.04	38.70		38.28	
35	PETRETI Giulia Sportiva Sturla	2003	33.69	1'10.46	1'47.88	2'26.11	3'04.57	3'44.02	4'23.18	5'02.39			
			ITA	36.77	37.42	38.23	38.46	39.45	39.16	39.21			
				5'41.60	6'21.06	6'59.77	7'38.99	8'17.40	8'56.70	9'36.24		10'13.95	
				39.21	39.46	38.71	39.22	38.41	39.30	39.54		37.71	
36	FASCE Sonia Genova Nuoto My Sport ssd	2003	34.99	1'12.44	1'50.89	2'29.40	3'08.66	3'47.54	4'26.68	5'05.56			
			ITA	37.45	38.45	38.51	39.26	38.88	39.14	38.88			
				5'44.29	6'23.07	7'01.82	7'40.68	8'19.40	8'58.36	9'36.96		10'14.46	
				38.73	38.78	38.75	38.86	38.72	38.96	38.60		37.50	
37	TIMOSSI Carolina Sportiva Sturla	2003	34.07	1'10.99	1'49.02	2'27.61	3'06.37	3'45.31	4'24.39	5'03.60			
			ITA	36.92	38.03	38.59	38.76	38.94	39.08	39.21			
				5'42.81	6'21.88	7'01.20	7'41.23	8'20.26	8'59.78	9'38.44		10'16.37	
				39.21	39.07	39.32	40.03	39.03	39.52	38.66		37.93	
38	LOI Carla Andrea Doria	2004	36.45	1'15.27	1'54.24	2'33.32	3'12.45	3'51.65	4'30.08	5'09.29			
			ITA	38.82	38.97	39.08	39.13	39.20	38.43	39.21			
				5'48.40	6'27.48	7'06.51	7'45.81	8'24.63	9'03.31	9'41.95		10'20.01	
				39.11	39.08	39.03	39.30	38.82	38.68	38.64		38.06	
39	CAMA Chiara Sportiva Sturla	2004	34.39	1'12.77	1'52.11	2'31.99	3'11.85	3'52.21	4'32.03	5'12.43			
			ITA	38.38	39.34	39.88	39.86	40.36	39.82	40.40			
				5'53.08	6'33.41	7'13.85	7'55.01	8'35.43	9'15.49	9'54.37		10'32.17	
				40.65	40.33	40.44	41.16	40.42	40.06	38.88		37.80	
40	BONFIGLIOLI Mariasole Spezia Nuoto	2001	37.88	1'17.51	1'58.06	2'39.07	3'20.50	4'01.73	4'42.89	5'24.33			
			ITA	39.63	40.55	41.01	41.43	41.23	41.16	41.44			
				6'06.22	6'48.06	7'29.68	8'11.10	8'52.98	9'34.15	10'15.21		10'56.00	
				41.89	41.84	41.62	41.42	41.88	41.17	41.06		40.79	

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